



Revised By: zeast

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## Bob's Red Mill Natural Foods

### Product Specifications:

Product Name: GF OG Cranberry Orange Oatmeal Cup  
12/2.47 oz

Product Number: P102056

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<u>Product Description:</u>	OG GF Cran Orange Oatmeal Cup are made from organic Oat blend including cranberries and orange powder, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.
<u>Ingredients:</u>	Organic Whole Grain Oats, Organic Cane Sugar, Organic Cranberries (Organic Cranberries, Organic Sugar, Organic Sunflower Oil), Organic Almonds, Organic Flaxseed, Organic Chia Seed, Organic Orange Powder (Organic Orange, Organic White Rice Flour), Salt.
<u>Allergen List:</u>	Tree Nuts.

### Physical Properties:

<u>Appearance:</u>	Light tan oat blend with cranberries throughout.
<u>Aroma:</u>	Clean, typical of oats with no rancid or off-odors.
<u>Flavor:</u>	Clean, typical of oats with no rancid or undesirable flavors.

Nutrition Facts	
Serving size	100g
Amount per serving	
<b>Calories</b>	<b>405.96</b>
% Daily Value*	
Total Fat 10.08g	13%
Saturated Fat 1.42g	7%
Trans Fat 0.01g	
Cholesterol 0.00mg	0%
Sodium 336.56mg	15%
Total Carbohydrate 66.89g	24%
Dietary Fiber 11.05g	44%
Total Sugars 16.98g	
Includes 18.90g Added Sugars	38%
Protein 11.92g	
Vitamin D 0.00mcg	
Calcium 68.33mg	
Iron 3.16mg	
Potassium 378.63mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Certifications:

<u>Kosher Certification:</u>	OK Kosher Certification of Brooklyn, New York
<u>Non-GMO Certification:</u>	Verified by the Non-GMO Project.
<u>Audit Certification:</u>	SQF Food Safety Code: Food Manufacturing, ed. 9

**Country of Origin:** United States of America.