



Revised By: ddavidson

Version Date: 09/19/2022

Bob's Red Mill Natural Foods

Product Specifications:

Product Name: GF Maple Brown Sugar Oatmeal Cup 12/2.15
OZ

Product Number: P101259

Product Description: GF OAT CUP MAPLE BROWN SUGAR are made from gluten free oats, brown sugar, cane sugar, chia seeds and flaxseeds, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Gluten Free Whole Grain Oats, Brown Sugar, Cane Sugar, Chia Seed, Flaxseed, Sea Salt, Natural Maple Flavor [Maltodextrin, Modified Food Starch (E1450), Caramel Color, Natural Flavors].

Allergen List: No Allergens.

Physical Properties:

Appearance: Light tan oats with brown to grey seeds throughout.

Aroma: Sweet, typical of maple and oats with no rancid or off-odors.

Flavor: Sweet, typical of maple and oats with no rancid or undesirable flavors

Nutrition Facts	
Serving size	100g
Amount per serving	
Calories	400.85
% Daily Value*	
Total Fat 8.74g	11%
Saturated Fat 1.50g	7%
Trans Fat 0.01g	
Cholesterol 0.00mg	0%
Sodium 511.01mg	22%
Total Carbohydrate 69.78g	25%
Dietary Fiber 11.12g	44%
Total Sugars 15.90g	
Includes 15.00g Added Sugars	30%
Protein 10.71g	
Vitamin D 0.00mcg	
Calcium 63.86mg	
Iron 3.49mg	
Potassium 372.95mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Certifications:

Kosher Certification:

Certified by OK Kosher

Non-GMO Certification:

Verified by the Non-GMO Project.

Audit Certification:

SQF Food Safety Code: Food Manufacturing, ed. 9

Organic Certification:

Gluten Free Certification:

< 20 ppm gluten

Fair Trade Certified:

Country of Origin:

United States of America