

**Nutrition Information:**

Serving Size:	1 bun=3.6 oz	Servings / Container:	1	Calories:	250
Fat Calories:		Total Fat:	4 g	Saturated Fat:	0.5 g
Polyunsaturated Fat:	2 g	Monounsaturated Fat:	1 g	Cholesterol:	0 mg
Sodium:	410 mg	Total Carbohydrate:	47 g	Total Dietary Fiber:	1 g
Sugars:	7 g	Protein:	8 g	Vitamin A:	
Vitamin C:		Calcium:	4%	Iron:	8%
Thiamin:	15%	Niacin:	10%	Riboflavin:	8%
Moisture:		Ash:		Trans Fat:	0 g
				Net Carbs:	

**Ingredients Statement:**

Water, Flour (Wheat, Malted Barley), Enriched Flour (Wheat, Malted Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Soybean Oil, Contains less than 2% of each of the following: Salt, Wheat Gluten, Calcium Sulfate, Ascorbic Acid, Calcium Peroxide, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sunflower Lecithin, Enzymes, Calcium Propionate (preservative).  
Contains: Wheat

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