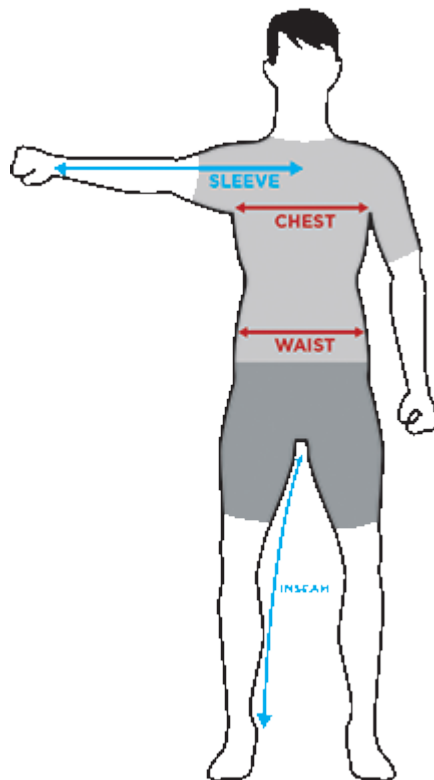


#### MEN'S SIZING

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
<b>Chest</b>	30-32"	34-36"	38-40"	42-44"	46-48"	50-52"	54-56"	58-60"	62-64"
<b>Waist</b>	26"	28-30"	32-34"	36-38"	40-42"	44-46"	48-50"	52-54"	56-58"
<b>Sleeve</b>	31"	32"	33"	34"	35"	36"	37"	38"	39"
<b>Inseam</b>	29"	29½"	30"	30½"	31"	31½"	32"	32½"	33"



### Chest

With arms relaxed at your sides, measure around your chest at the armpits, over the highest part of your chest and shoulder blades, keeping the tape parallel to the floor.

### Waist

Measure around natural waistline below last rib and above hip bones. Don't hold your breath.

## Sleeve Length

Extend your arm straight out to the side. Measure from the center of the back to the wrist. For best comfort, round up to find total inches.

## Inseam

Measure from base of inner leg seam to top of shoe.

- RefrigiWear garments should fit loosely
- If your sizing is borderline, choose the larger size
- Sizing chart is based on Regulars [5'7"-6']
- Tall sizes are approximately 2" longer in sleeves, 2" longer in inseam, and 2" longer in torso [6'1" - 6'5"]
- Short sizes are approximately 2" shorter in sleeves, 2" shorter in inseam, and 2" shorter in torso [5' - 5'6"]
- **Custom sizes are available – contact Customer Service for assistance**

If you have any questions regarding fit, sizing, taking measurements, or custom sizing, call us at 800-645-3744 or email [Customer Service](#).