



*Energy Whips*<sup>™</sup>

## MIXING GUIDE

Lotus Energy Whips<sup>™</sup> can be made easily from your favorite flavored infused energy drink filled with ice and water, simply by adding our Lotus Super Cream and blending. It's that simple! Please refer to the recipe chart below!

### BLEND LOTUS ENERGY WITH SUPER CREAM

Beverage Size	16oz	20oz	24oz	32oz
<b>LOTUS</b> PLANT ENERGY	1.5 oz	2 oz	2.5 oz	3 oz
<i>Super Cream</i>	2 oz	2.5 oz	3 oz	4 oz

### BLEND LOTUS ENERGY INFUSED WITH FLAVOR AND SUPER CREAM

<b>LOTUS</b> PLANT ENERGY	1 oz	1.25 oz	1.5 oz	2 oz
<b>FLAVORED SYRUP</b>	1 oz	1.25 oz	1.5 oz	2 oz
<i>Super Cream</i>	2 oz	2.5 oz	3 oz	4 oz

### BLEND LOTUS ENERGY INFUSED WITH FLAVOR AND SUPER CREAM

<b>LOTUS</b> PLANT ENERGY	1 oz	1.25 oz	1.5 oz	2 oz
<i>Fruit Fusions</i>	1 oz	1.25 oz	1.5 oz	2 oz
<i>Super Cream</i>	2 oz	2.5 oz	3 oz	4 oz



*Energy  
Fusions*<sup>™</sup>

## MIXING GUIDE

MIX LOTUS PLANT ENERGY WITH ICE AND SODA WATER

Beverage Size	16oz	20oz	24oz	32oz
<b>LOTUS</b> PLANT ENERGY	1.5 oz	2 oz	2.5 oz	3 oz

LOTUS ENERGY INFUSED WITH FLAVORED SYRUP

<b>LOTUS</b> PLANT ENERGY	1 oz	1.5 oz	1.5 oz	2 oz
<b>FLAVORED SYRUP</b>	1 oz	1 oz	1.5 oz	2 oz

LOTUS ENERGY INFUSED WITH LOTUS FRUIT FUSIONS

<b>LOTUS</b> PLANT ENERGY	1 oz	1.5 oz	1.5 oz	2 oz
<i>Fruit Fusions</i>	1 oz	1 oz	1.5 oz	2 oz