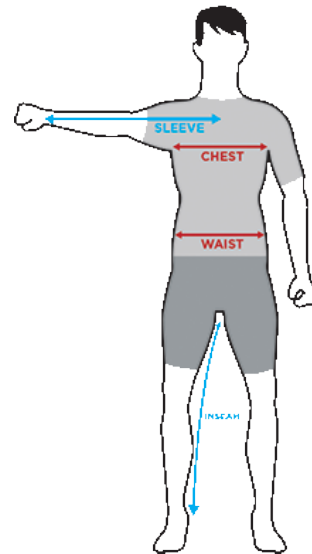


HOW TO MEASURE FOR GARMENTS



Chest

With arms relaxed at your sides, measure around your chest at the armpits, over the highest part of your chest and shoulder blades, keeping the tape parallel to the floor.

Waist

Measure around natural waistline below last rib and above hip bones. Don't hold your breath.

Sleeve Length

Extend your arm straight out to the side. Measure from the center of the back to the wrist. For best comfort, round up to find total inches.

Inseam

Measure from base of inner leg seam to top of shoe.

- RefrigiWear garments should fit loosely
- If your sizing is borderline, choose the larger size
- Sizing chart is based on Regulars [5'7"–6']
- Tall sizes are approximately 2" longer in sleeves, 2" longer in inseam, and 2" longer in torso [6'1"– 6'5"]

- Short sizes are approximately 2" shorter in sleeves, 2" shorter in inseam, and 2" shorter in torso [5'-5'6"]
- **Custom sizes are available – contact Customer Service for assistance**
- Measurements are intended to be taken against the skin or a single layer of clothing. Due to insulation thickness, against the skin measurements may not correspond to direct measurements of a garment. RefrigiWear accounts for insulation thickness when recommending your size based on your body measurements.

If you have any questions regarding fit, sizing, taking measurements, or custom sizing, call us at 800-645-3744 or email [Customer Service](#).

Men's Sizes

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST	30-32"	34-36"	38-40"	42-44"	46-48"	50-52"	54-56"	58-60"	62-64"
WAIST	26"	28-30"	32-34"	36-38"	40-42"	44-46"	48-50"	52-54"	56-58"
SLEEVE	31"	32"	33"	34"	35"	36"	37"	38"	39"
INSEAM	29"	29½"	30"	30½"	31"	31½"	32"	32½"	33"

Women's Sizes

	XS	S	M	L	XL	2XL
DRESS SIZE	2-4	6-8	8-10	12-14	16-18	20-22
BUST	29-31"	32-33"	34-36"	37-39"	40-43"	44-47"
WAIST	24-26"	27-29"	30-32"	33-35"	36-38"	39-41"
HIPS	34-36"	37-39"	40-42"	43-45"	46-49"	50-53"
INSEAM	28½"	29"	29½"	30"	31"	31½"

Gloves



To find out your glove size, measure (in inches) around your hand with a tape measure at the place indicated by the blue line (just below the knuckles). You should use your dominant hand, the right if you are right-handed, and the left if you are left-handed.

	S	M	L	XL	2XL
MEASUREMENT	7-7.25"	7.5-8"	8.25-8.75"	9-9.5"	9.75-10.5"

Boot Conversion Chart

US MEN'S	4	5	5½	6	6½	7	7½	8	8½	9	9½	10	10½	11	11½	12	13	14	15
US WOMEN'S	6	6½	7	7½	8	8½	9	9½	10	10½	11	11½	12						
EU	36	37	37½	38	38½	39	40	41	41½	42	42½	43	44	45	45½	46	47	48	49½