Chocolate Protein Chia Pudding



This recipe was not tested by Bob's Red Mill. Gluten Free, High Fiber, Lactose Free, Soy Free, Vegan. **Download the nutritional information here!**

**For overnight option - just stir once after 10 minutes and let pudding form in refrigerator overnight.

SERVINGS 1 person

PREP TIME N/A

COOK TIME N/A

PASSIVE TIME N/A

Ingredients

- 1/4 cup Organic Chia Seed
- 1 cup Almond Milk
- 1 Tbsp Hemp Protein Powder or protein powder of your choice
- 1 Tbsp Unsweetened Cocoa Powder
- 1/2 Tbsp Stevia Extract

Instructions

Combine all ingredients in a bowl and stir together. Let sit for 10 minutes, then mix again
with a fork. Continue to let mixture sit until pudding forms and stir well before serving.