INSTRUCTIONS FOR USE:

1. Locate desired measurement marking on "DRY/SOLIDS" or "LIQUID FILL" side of cup



2. To set, twist turning knob to the left until silicone seal is aligned with desired marking



3. For liquids, fill to "LIQUID FILL" line; for dry/solids, fill to top and scrape off excess to level



4. Pour or twist turning knob to the right to dispense ingredients