## Yerba Mate (Loose Leaf)



# Description:

Yerba Mate (Loose Leaf) is an antioxidant-rich, South American herb with high energizing properties, comparable to coffee without the buzz, jitters or crash.

#### Taste:

Davidson's Yerba Mate (Loose Leaf) offers a smooth, earthy flavor profile.

### Origin:



After yerba mate is harvested, it is naturally aged, boasting mild flavors and a delicate aroma, derived from both the leaves and stems of the plant.

### Ingredients:

Organic yerba mate.

### Brewing:

- 1. Bring fresh, filtered water to a boil.
- 2. Add 2 grams of tea to a infuser, or straight into an 8-oz. mug.
- 3. Pour the heated water into the mug.
- 4. Steep for 5-7 minutes.
- 5. Strain tea leaves, or take out the infuser.
- 6. Sip and enjoy Davidson's organic tea.