



Z09577 - ZATARAIN'S CREOLE PILAF MIX 36.5 OZ

Zatarain's® Creole Pilaf Mix blends the flavors of the Caribbean and southern Louisiana:

- Zatarain's Creole Pilaf Mix features an exceptional blend of long grain and wild rice with premium spices for great-tasting, chef-inspired menus with a Creole kick.
- Zatarain's Creole Pilaf Mix is made with no added MSG allowing the authentic flavors to permeate through.
- As the nation's leading provider of New Orleans-style foods, Zatarain's has been the authority on New Orleans flavor since 1889.
- There are 8/36.5 oz. boxes per case. Each box features a superior barrier material and is designed to enhance back-of-house efficiencies, with one pouch yielding one full 2? hotel pan.
- Zatarain's Creole Pilaf Mix is perfect as a stand-alone side or can be turned into an exceptional signature entrée or salad by adding sausage, chicken, seafood or vegetables.
- No matter how you prepare it, Zatarain's Creole Pilaf Mix can be proudly served under 40 minutes.



Brand: Zatarain's®

Nutrition Facts

Serving Size 61g (61g)
Servings Per Container: 17

Amount Per Serving

Calories 220

Calories from Fat 10

% Daily Value*

Total Fat	1 g	2%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	900 mg	38%
Total Carbohydrate	46 g	15%
Dietary Fiber	2 g	8%
Sugars	1 g	

Protein 5 g

Vitamin A	4%	•	Vitamin C	2%
Calcium	0%	•	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Ingredients: Enriched Long Grain Parboiled Rice (Rice, Iron, Niacin, Thiamine Mononitrate, Folic Acid), Wild Rice, Salt, Onion, Carrot, Turkey Powder, Celery, Dextrose, Yeast Extract, Sugar, Calcium Stearate (To Make Free Flowing), Spices (Including Turmeric), Soy Sauce (Hydrolyzed Soy Protein, Corn Syrup Solids, Salt), Garlic, Disodium Inosinate And Guanylate (Flavor Enhancers), And Natural Flavor.

Case Specifications

GTIN	10071429095776	Case Gross Weight	20.05 LB
Pack Size	8 / 36.5OZ	Case Net Weight	18.25 LB
Shelf Life		Case L,W,H	12.63 IN, 9.88 IN, 10 IN
Tie x High	15 x 4	Cube	0.72 CF

Preparation and Cooking

Bring the heritage and energy of New Orleans to your tables with easy-to-prepare Zatarain's® Creole Pilaf Mix. Follow these kitchen-simple steps for each method. Stove Top 1. To a large pot, add 11 ¼ cups of water, 1 stick (8 Tbsp.) of butter or margarine and contents of pouch. 2. Bring mixture to a boil, stirring occasionally. 3. Stir, cover and reduce heat to low. Let simmer for 15 minutes (a low bubbling action should be visible). 4. Remove from heat. Cover tightly and let stand for 5 minutes. 5. Before serving, stir gently to fluff and mix. Oven 1. In a full size metal steam tray, add 11 ¼ cups of water, 1 stick (8 Tbsp.) of butter or margarine and contents of pouch. 2. Stir thoroughly, and then cover tightly with lid or foil. 3. Place into a preheated 400°F oven and bake 30-35 minutes or until rice is cooked. 4. When rice is done, remove from oven and let stand covered for 5 minutes. 5. Before serving, stir gently to fluff and mix. Steamer 1. In a steamer pan, add 11 ¼ cups of water, 1 stick (8 Tbsp.) of butter or margarine and contents of pouch. 2. Stir the rice well and cook using 10 pounds of pressure about 17 minutes or until most of the liquid is absorbed. 3. Let stand covered for 5 minutes. 4. Before serving, stir gently to fluff and mix. Leftover Rice Cover and store in refrigerator. Reheat in saucepan with small amount of hot water to steam. For best results reheat in microwave oven.

Serving Suggestions

Zatarain's® Creole Pilaf Mix subtle yet, inspiring flavors complement:

- Sliced smoked sausage
- Tilapia with fresh vegetables
- Shrimp and crayfish
- Diced tomatoes and andouille sausage
- A combination of chicken, shrimp and andouille sausage

Packaging and Storage

To maintain the freshest flavor and color, Zatarain's® Creole Pilaf Mix should be stored in a cool, dry place away from exposure to heat, humidity, direct sunlight and fluorescent light. Unopened Zatarain's® Creole Pilaf Mix packages are shelf stable and can be held for use for up to 730 days.

Allergens

CONTAINS:

Soybeans or Soybean Derivatives

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives