

Nutrition Facts

Serving Size (100g)

Servings Per Container Varied

Amount Per Serving

Calories 50

Calories From Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2700mg 0%

Total Carbohydrate 81g 0%

Dietary Fiber 81g 0%

Sugars 0g

Protein 6g

Vitamin A 0%

Vitamin C 0%

Calcium 10%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4