Nutrition Facts

Serving Size 2 pieces (36g) Servings Per Container 52

Amount	Per	Serving	g

Calories 150 Calories from Fat 70

Calones 150	Calones Iron	rat 70
	% Dai	ly Value*
Total Fat 8g		12 %
Saturated Fat 3g		15%
Cholesterol 10mg		3%
Sodium 20mg		1%
Total Carbohydrate 18g		6%
Dietary Fiber less than 1g		4%
Sugars 17g		

Protein 3g

Vitamin A 4%	•	Vitamin C 0%
Calcium 2%	•	Iron 4%

^{*}Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohyd	rate	300g	375g
Dietary Fiber		25g	30 g

Calories per gram:

Fat 9 · Carbohydrate 4 · Protein 4