

Nutrition Facts

Serving Size 1/4 cup (30g)

Amount Per Serving

Calories 100

% Daily Value*

Total Fat 0g 0%

Sodium 350mg 15%

Total Carbohydrate 22g 8%

Protein 2g

Calcium 26mg 2%

Iron 1mg 8%

Thiamin 0.2mg 15%

Riboflavin 0.1mg 10%

Niacin 2mg 10%

Folate 80mcg DFE 20%

(46mcg folic acid)

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D and potassium.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Salt.

Product Information

- Made From 100% Soft Winter Wheat
- Kosher Pareve

Allergens

Contains wheat

Product Disclaimers

Do not eat raw flour, dough or batter.

Product formulation and packaging may change. For the most current information regarding a particular product, please refer to the product package.