

Nutrition Facts

26 servings per container

Serving size **3 crepes (100g)**

Amount Per Serving

Calories **260**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 100mg **4%**

Total Carbohydrate 33g **12%**

Dietary Fiber 1g **4%**

Total Sugars 18g

Includes 10g Added Sugars **20%**

Protein 9g **18%**

Vitamin D 2mcg 10%

Calcium 195mg 15%

Iron 1.08mg 6%

Potassium 376mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Water, Wheat Flour, Fresh Whole Eggs, Skim Milk Powder, Cane Sugar, Rapeseed Oil, Vanilla Flavouring, Sunflower Oil.

Contains Wheat, Milk, Egg.