

VANEE DELUXE BEEF STEW

Nutrition Facts			
Serving Size 1 cup (g)			
Serving Per Container about 13			
Amount Per Serving			
Calories	210	Calories from Fat	90
% Daily Value*			
Total Fat	10.0g		15%
Saturated Fat	4.0g		20%
Trans Fat	0.0g		
Cholesterol	20mg		7%
Sodium	860mg		36%
Total Carbohydrate	21g		7%
Dietary Fiber	3g		12%
Sugars	1g		
Protein	10g		
Vitamin A	90%	Vitamin C	0%
Calcium	2%%	Iron	10%%
* Percent Daily Values are based on a 2,000 calorie diet.			

Ingredients: Beef, Beef Stock, Potatoes, Carrots, Water, Peas, Food Starch-Modified, Celery, Salt, Onion Powder, Sugar, Beef Flavor [Yeast Extract, Maltodextrin, Flavoring (contains Canola Oil), Beef Stock, Lactic Acid, Calcium Lactate, Gum Arabic, Grill (contains Soybean and/or Cottonseed Oil)], Paprika, Caramel Color, Disodium Inosinate, Disodium Guanylate, Flavor, Natural Flavoring.