

Nutrition Facts

Serving Size 1 oz (28g)

Amount Per Serving

Calories 70

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 470mg **20%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 1g

Protein 12g **24%**

*Percent Daily Values are based on a 2,000 calorie diet.