

Nutrition Facts

Matcha

Serving Size 100g (100g)

Amount Per Serving

Calories 385

Calories from Fat 33

%Daily Value*

Total Fat 4g **6%**

Saturated Fat 1g **4%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 0g

Cholesterol 0mg **0%**

Sodium 2mg **0%**

Potassium 0mg **0%**

Total Carbohydrate 66g **22%**

Dietary Fiber 34g **135%**

Fiber 34g **135%**

Sugars 2g

Added Sugars 0g **0%**

Sugar Alcohol 0g

Protein 22g