INGREDIENTS: Semolina Flour, Water, Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Vinegar, Carrageenan [Stabilizer]), Asiago Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Eggs, Contains Less than 2% of:
Mozzarella Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Bleached Wheat Flour, Imported Pecorino Romano Cheese (Pasteurized Sheep's Milk, Cheese Cultures, Salt, Enzymes), Dried Egg Whites, Dehydrated Garlic, Spices, Oleoresin Carrot (Color), Salt CONTAINS:
MILK, WHEAT, EGGS

ALLERGENS: CONTAINS: MILK, WHEAT, EGG

**COOKING METHOD:** Boil

## **NUTRITION INFO**

Serving Size	9 Pieces
Calories	290
Calories from Fat	110
Total Fat	8g
Saturated Fat	4.5g
Cholesterol	40mg
Total Carbohydrate	42g
Dietary Fiber	2g
Sugars	5g
Protein	12g
Calcium	140mg
Iron	lmg
Sodium	350mg
Potassium	180mg