

NUTRITION FACTS

About 15 Servings Per Container

Serving size 1 oz. (28g/About3Pretzels)

Amount per serving

Calories **110**

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 1g

Cholesterol 0mg 0%

Sodium 190mg 8%

Total Carbohydrate 22g 8%

Dietary Fiber 1g 4%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0.2mcg 0%

Calcium 10mg 0%

Iron 1.2mg 6%

Potassium 40mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA OIL, TAPIOCA MALT SYRUP (TAPIOCA SYRUP, MALT EXTRACT), SALT, YEAST, SODA. CONTAINS: WHEAT