NUTRITION FACTS

About 2 Servings Per Container

Serving size 1/3 Cup (28g)

		Per serving
Calories		140
		% DV*
		% DV*
Total Fat	8g	10%
Saturated Fat	3.5g	18%
Trans Fat	0g	
Polyunsaturated Fat	1g	
Monounsaturated Fat	3.5g	
Cholesterol	0mg	0%
Sodium	500mg	22%
Total Carbohydrate	11g	4%
Dietary Fiber	1g	4%
Total Sugars	1g	
Incl. Added Sugars	1g	2%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	1mg	6%
Potassium	50mg	2%

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, DEXTROSE, JALAPENO PEPPERS, MALTODEXTRIN, MODIFIED CORN STARCH, MONOSODIUM GLUTAMATE, CORN STARCH, ONION POWDER, TORULA YEAST, GARLIC POWDER, PAPRIKA, VINEGAR POWDER, YEAST, PARSLEY, SOYBEAN OIL, EXTRACTIVES OF PAPRIKA, NATURAL AND ARTIFICIAL FLAVORS, DISODIUM INOSINATE, DISODIUM GUANYLATE, SODA. CONTAINS: WHEAT.