

NUTRITION FACTS

About 2 Servings Per Container

Serving size

1/3 cup (28g)

	Per serving	
Calories	140	
	% DV*	% DV*
Total Fat	7g	9%
Saturated Fat	3.5g	18%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	240mg	10%
Total Carbohydrate	17g	6%
Dietary Fiber	1g	4%
Total Sugars	2g	
Incl. Added Sugars	0g	0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	23mg	2%
Iron	1mg	6%
Potassium	80mg	2%

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, WHEY, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, MALTODEXTRIN, BUTTERMILK POWDER, YEAST, ONION POWDER, DISODIUM PHOSPHATE, SODIUM CASEINATE, TOMATO POWDER, CITRIC ACID, SPICE, NONFAT DRY MILK, SUGAR, NATURAL FLAVORS, AUTOLYZED YEAST EXTRACT, GARLIC POWDER, TURMERIC EXTRACT (COLOR), ANNATTO EXTRACT (COLOR), PAPRIKA EXTRACT (COLOR), DISODIUM INOSINATE, DISODIUM GUANYLATE, SODA. CONTAINS: WHEAT, MILK.