

Nutrition Facts

1 serving per container

Serving size
3 ounces (85g)

Calories
per serving
180

Amount/Serving % DV*

Total Fat 10g **14%**

Sat. Fat 2g **9%**

Trans Fat 0g

Cholest. 50mg **17%**

Sodium 216mg **9%**

Amount/Serving % DV*

Total Carb. 0g **0%**

Fiber 0g **0%**

Total Sugars 0g

Inc. 0g Added Sugars **0%**

Protein 20g

*%DV = %Daily Value

Nutrition Facts based on drained weight

Ingredients: Sardines (*Sardina pilchardus*) (70,8%), extra virgin olive oil (28,2%), lemon (5%), salt.

Contains: Sardines (**FISH**).

Catch method: Wild caught. **Catch area:** Northeast Atlantic (FAO 27), Sub-area VII.E.

Product of Portugal. **Best before/LOT:** See backside of the packaging.

Store in a cool and dry place. Once opened, keep refrigerated and consume in a maximum of 2 days.

Distributed by Sea Tales USA, 231 West 29th Street, Suite 908, NYC, NY 10001.