

<b>Nutrition Facts (Unprepared)</b>	
<b>Serving Size</b>	<b>118.0 g</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>340.0</b>
% Daily Value*	
<b>Total Fat</b> 18.0 g	<b>27.0%</b>
Saturated Fat 5.0 g	<b>25.0%</b>
Trans Fat 3.0 g	
<b>Cholesterol</b> 140.0 mg	<b>47.0%</b>
<b>Sodium</b> 810.0 mg	<b>34.0%</b>
<b>Total Carbohydrate</b> 29.0 g	<b>10.0%</b>
Dietary Fiber 1.0 g	<b>2.0%</b>
Sugar 6.0 g	
<b>Protein</b> 16.0 g	<b>32.0%</b>
<b>Calcium</b>	<b>10.0%</b>
<b>Iron</b>	<b>10.0%</b>
<b>Vitamin A</b>	<b>4.0%</b>
<b>Vitamin C</b>	<b>0.0%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

#### INGREDIENTS:

Croissant: Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Shortening (Partially Hydrogenated Soybean And/Or Cottonseed Oils, Water, Salt, Mono- & Diglycerides, Annatto Extract (Color), Skim Milk, High Fructose Corn Syrup, Yeast, Water. Contains 2% Or Less Of Each Of The Following: Salt, Eggs, Wheat Gluten, Enzymes, Sugar, Natural & Artificial Flavors, Mono- & Diglycerides, Calcium Propionate And Potassium Sorbate (Preservatives), Soy Flour, Egg Patty Grilled: Whole Eggs, Water, Dry Whole Milk, Soybean Oil, Salt, Xanthan Gum, Citric Acid, Soy Lecithin (Non-Sticking Agent), Sliced Ham: Smoked & Cooked Boneless Ham Cured With Water, Salt, Brown Sugar, Phosphate, Sodium Erythorbate, Sodium Nitrite, American Cheese: Cultured Milk And Skim Milk, Cream, Sodium Citrate, Salt, Artificial Color, Sodium Phosphate, Sorbic Acid (Preservative), Enzymes, Soy Lecithin (Non-Sticking Agent)

CONTAINS: MILK, WHEAT, EGGS, SOY