Nutrition Facts

Serving Size

Amount Per Serving	
	% Daily Value*
Total Fat 8 g	10 %
Saturated Fat 3 g	15 %
Trans Fat 0 g	
Cholestrol 0 mg	
Sodium 120 mg	5 %
Total Carbohydrate 17 g	6 %
Dietary Fiber less then	
Total Sugars 4 g	
Includes 2 g Added Sugars	
Protein 2 g	0 %
Vitamin D 0 mcg	0 %
Calcium 50 MG	4 %
Iron 0.8 mg	4 %
Potassium 70 mg	0 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), PALM OIL, SOYBEAN AND/OR CANOLA OIL, WHEY (FROM MILK), SUGAR, CHEDDAR CHEESE POWDER (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), LEAVENING (CALCIUM PHOSPHATE, BAKING SODA), SALT, SODIUM PHOSPHATE, NATURAL FLAVOR, YEAST EXTRACT, SOY LECITHIN, CORNSTARCH, TURMERIC AND ANNATTO EXTRACTS (FOR COLOR). CONTAINS: WHEAT, MILK, SOY, MAY CONTAIN: PEANUT.