

Nutrition Facts

Serving Size 1 Can (7 fl oz)

Amount Per Serving

Calories **90**

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 90mg **4%**

Total Carb. 14g **5%**

Dietary Fiber 0g **0%**

Total Sugars 10g

Incl. 10g Added Sugars **20%**

Protein 1g **2%**

Vitamin D 0mcg 0%

Calcium 15mg 2%

Iron 0mg 0%

Potassium 212mg 4%

*The %Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



INGREDIENTS: water, organic oats, organic sunflower oil, organic tea extract, natural bergamot flavoring, sea salt, potassium carbonate (to preserve freshness)

1 CUP
OF TEA

25mg
Natural Caffeine