



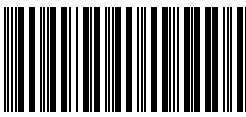
Product Code: 06423

## RICH'S OVEN FIRED THIN FLATS

12" x 12" square, parbaked flatbread produced from high-protein wheat flour. Product has golden brown baked color infused with herbs and spices. There are golden brown grill marks on the bottom.



### CASE GTIN



00049800064232

Master Unit Size:	5.3 OZ
Case Dimensions:	13.75IN L x 12.75IN W x 9.75IN H
Item Dimensions:	0 L x 0 W x 0 H

### PRODUCT INGREDIENTS

INGREDIENTS FOR U.S MARKET: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, NONFAT DRY MILK, HONEY, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), GUAR GUM, SODIUM STEAROYL LACTYLATE, ENZYME

### ALLERGENS

CONTAINS: WHEAT, MILK MAY CONTAIN SOY AND SESAME

### TIPS & HANDLING

KEEP FROZEN 0°F (-18°C) OR BELOW Handling Instructions: For best results and to prevent product dryness, thaw flatbread at ambient temperature (i.e. 75°F (24°C)). Thawing under refrigeration is not recommended. To thaw an entire case, remove from the freezer and leave in the original packaging with inner bags sealed. Product will thaw at room temperature in approximately 8 to 12 hours. To thaw a partial case, remove desired number of bags from the case, then reseal the case and return to the freezer. Keep inner bags sealed. Product will thaw at room temperature in approximately 3 to 6 hours. For optimal product performance, thawed flatbread should be used within 15 hours. Thawed product may be microwaved for 15 seconds at medium power to promote elasticity.

## Nutrition Facts

3 Servings Per Container

Serving Size 1/3 flat (50 g)

Amount Per Serving

**Calories** 170

% Daily Value\*

**Total Fat** 5g 7%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 290mg 13%

**Total Carbohydrate** 25g 9%

Dietary Fiber 1g 3%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein** 5g 9%

Vitamin D 0.1mcg 0%

Calcium 30mg 2%

Iron 1.5mg 8%

Potassium 70mg 2%

Thiamin 20%

Riboflavin 15%

Folate 10%

\* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### 100g Nutrition Facts

<b>Calories</b>	330.284
Calories From Fat	95.088
Calories From Saturated Fat	16.228
<b>Protein</b>	9.223 G
<b>Carbohydrates</b>	49.742 G
Sugars	4.108 G
Sugar Alcohol	0 G
<b>Water</b>	28.22 G
<b>Fat</b>	10.565 G
Saturates	1.803 G
Trans Fat	0.142 G
<b>Cholesterol</b>	0.857 MG
<b>Fiber</b>	1.798 G
<b>Minerals</b>	
Ash	2.25 G
Calcium	57.621 MG
Iron	3.026 MG
Sodium	579.002 MG
Thiamin	0.479 MG
Riboflavin	0.333 MG
Niacin	3.796 MG
Potassium	134.063 MG
Vitamin A	0.43 IU
Vitamin C	0.235 MG
Vitamin D	0.191 MCG
Folic Acid	90.793 MCG