

Nutrition Facts

226 servings per container

Serving size 1/4 cup (50g)

Amount per serving

Calories 180

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 40g 15%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 4mg 0%

Iron 0.2mg <2%

Potassium 30mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Cooking Instructions

When using a rice cooker follow rice cooker instructions.

One cup of raw rice will produce about 3 cups of cooked rice.



Add 1 cup of rice.



Put 1.3-1.5 cups of water to boil.



Cover tightly lower heat and simmer for 17-20 minutes.



Remove from the heat cover and let stand for 10-15 minutes before serving.

TIP: For softer rice, put in more water and simmer for a longer time. For firmer rice, put in less water and simmer for a shorter time.