

Regal Foods

Nutrition Label

Regal Vegetable Seasoning

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Nutrition Facts	
27 servings per container	
Serving size	1 tsp (6g)
Amount per serving	
Calories	10
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 700mg	31%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.5mg	2%
Potassium 50mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Salt, Black Table Pepper, Onion powder, Garlic powder, Parsley flakes, Dill Weed, Ground Mustard, Celery Seeds, Crushed Red Pepper, Ground Mustard, Salt Powder, Dill Weed