



## NUTRITION FACTS

5 servings  
Serving Size:  
3 pieces (30g)

Calories  
per Serving: **190**

Amount/serving:	% DV*	Amount/serving:	% DV*
Total Fat 15g	19%	Total Carbohydrate 13g	5%
Saturated Fat 9g	45%	Fiber 1g	5%
Trans Fat 0g		Total Sugars 10g	
Cholest. <5mg	1%	Includes 7g Added Sugars	14%
Sodium 35mg	2%	Protein 2g	

Vitamin D 0mcg 0% • Calcium 42mg 4% • Iron 0.3mg 2% • Potassium 114mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** DRY COCONUT, VEGETABLE OILS (PALM AND SHEANUT), SUGAR, ALMONDS, SKIM MILK POWDER, WHEY POWDER, WHEAT FLOUR, TAPIOCA STARCH, NATURAL AND ARTIFICIAL FLAVORS, LECITHIN AS EMULSIFIER, SODIUM BICARBONATE AS LEAVENING AGENT, SALT.

**CONTAINS TREE NUTS (ALMONDS), WHEAT, MILK, SOY.**