



A CARANDO GOURMET BRAND.

# Spinach & Tomato Quiche Priscillas

Item #: 11971

Case Pack: 4/2 lb. Quiches

UPC: 0 72656 11971 9

GTIN: 10072656119716

## Nutrition Facts

5 servings per container

**Serving size 1 slice (181g)**

Amount per serving

**Calories 480**

% DV\*

**Total Fat** 35g 45%

Sat. Fat 19g 97%

Trans Fat 0g

**Cholest.** 230mg 76%

**Sodium** 560mg 24%

**Total Carb.** 28g 10%

Dietary Fiber <1g 2%

Total Sugars 5g

0g Added Sugars 0%

**Protein** 15g

Vitamin D 0.9mcg 4%

Calcium 300mg 25%

Iron 1.8mg 10%

Potassium 290mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FILLING: Light Cream, Eggs, White Cheddar Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes, Potato Starch, Powdered Cellulose Added To Prevent Caking), Diced Tomatoes (Fresh Vine-Ripened California Tomatoes, Tomato Juice, Sea Salt, Calcium Chloride, Naturally Derived Citric Acid), Spinach, Milk, Modified Food Starches, Milk Powder, Corn Starch, Garlic, Salt, Spices. CRUST: Wheat Flour, Cream Cheese (Pasteurized Cream and Skim Milk, Lactic Acid, Salt, Gums (Locust Bean Gum, Guar Gum, Xanthan Gum), Margarine (Palm Oil, Palm Fractions, Water, Salt, Emulsifiers [Soya Lecithin, Distilled Monoglycerides], Natural Butter Flavor, Citric Acid, Antioxidant [Soy-Derived Mixed Tocopherol], Vitamin A & Coloring [Beta-Carotene])

CONTAINS: MILK, EGGS, WHEAT, SOY.

For Food Safety, Cook to Internal Temperature of 165°F, prior to Consumption.

COOKING: Retail: Keep stored in freezer. Product should be thawed in refrigerator, uncovered and out of the box, at 40°F or less for a minimum of 24-48 hours prior to display in deli case. DO NOT USE THE MICROWAVE TO SPEED UP DEFROST.

COOKING: Food Service: For Food Safety, Cook to Internal Temperature of 165°F, prior to Consumption. Follow thawing instructions above. Preheat oven to 300°F. Remove card board. Place on baking sheet. Cook whole Quiche for 30-40 minutes. Cook by the slice for 15-20 minutes.

COOKING: Customer: For Food Safety, Cook to Internal Temperature of 165°F, prior to Consumption. Pre-heat oven to 300°F. Cook refrigerated product for 30-40 mins; if cooking an individual slice cook for 15-20 mins. If using a microwave cook on high for 1-2 mins.

### Specifications:

Case Pack: 4/2 lb. Quiches

Case Net Wt. 8 lb.

Case: 10.625L x 10.625W x 4.875H

Case Cube: 0.318

Pallet: 12 TIE 10 HIGH 120 CASES

Handling: KEEP FROZEN



Made in the USA

Carando Gourmet Frozen Foods

175 Main Street Agawam, MA

For more information:

Please call: 413-737-0183

Toll Free: 1-888-Carando

Carandogourmet.com



The Carando Gourmet Family of Fine Foods.

### DATE CODE TRANSLATION

Lot Code is Julian Date.

Example XXX XXX = 365 000

1st 3 numbers = day of the year,

Last 3 numbers = year

Lot Code is on Box End & Product Unit

Best by Date on Box End