

Plum Powder

Natural, Single Ingredient, non-alkalized

Revised
10/2022

Nutrition Facts

Serving Size 100 g

Amount Per Serving

Calories 230

% Daily Value *

Total Fat 0.5g	1%
Saturated Fat 0.2g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 93g	34%
Dietary Fiber 73g	261%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 0.5g	1%
Vitamin A 950IU	19%
Vitamin B 0.3mg	18%
Vitamin C 15mg	17%
Copper 0.15mg	17%
Iron 3.6mg	20%
Magnesium 80mg	19%

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