

# Nutrition Facts

Serving size 5 pieces (40g)

Amount Per Serving

**Calories 110**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 30g 11%

Dietary Fiber 3g 11%

Total Sugars 25g

Includes 0g Added Sugars 0%

**Protein** 1g 2%

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

Pitted Dates.