Nutrition Facts

About 9 servings per 1 lb. container
About 15 servings per 1.7 lb. container
About 181 servings per 20 lb.container
About 226 servings per 25 lb.container
About 453 servings per 50 lb. container
Serving Size

1/4c dry (50g)

Amount per serving

Potassium 140mg

Calories % Daily Value* Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% **Total Carbohydrate 39g** 14% Dietary Fiber 8g 28% Total Sugars 0g Includes 0g Added Sugars 0% Protein 5g 0% Vitamin D 0mcg Calcium 15mg 2% 6% Iron 1mg

2%

Metro Commodities Confidential: This document is the property of Metro Commodities., and cannot be duplicated, modified, or disclosed without authorization. Printed copies of this document may not be current and are considered uncontrolled. See electronic version for most current version.

Effective Date: 08/29/2024 Supersedes:10/24/2022

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.