



Revised By: ddavidson

Version Date: 10/03/2022

Bob's Red Mill Natural Foods

Product Specifications:

Product Name: GF Flaxseed Meal 25 lb

Product Number: P101145

Product Description: GLUTEN FREE FLAXSEED MEAL are made from ground flaxseeds of varying granulation, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Whole Flaxseed.

Allergen List: No Allergens.

Physical Properties:

Appearance: Brown to golden brown powder.

Aroma: Clean and natural with no rancid or off-odors

Flavor: Slightly nutty with no rancid or undesirable flavors.

| Nutrition Facts | |
|---|---------------|
| Serving size | 100g |
| Amount per serving | |
| Calories | 533.00 |
| % Daily Value* | |
| Total Fat 35.20g | 45% |
| Saturated Fat 3.40g | 17% |
| Trans Fat 0.02g | |
| Cholesterol 0.00mg | 0% |
| Sodium 32.40mg | 1% |
| Total Carbohydrate 33.40g | 12% |
| Dietary Fiber 26.50g | 106% |
| Total Sugars 1.60g | |
| Includes 0.00g Added Sugars | 0% |
| Protein 20.60g | |
| Vitamin D 0.00mcg | |
| Calcium 181.00mg | |
| Iron 6.54mg | |
| Potassium 867.00mg | |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |

Certifications:

| | |
|-----------------------------------|---|
| <u>Kosher Certification:</u> | OK Kosher Certification of Brooklyn, New York |
| <u>Non-GMO Certification:</u> | Verified by the Non-GMO Project. |
| <u>Audit Certification:</u> | SQF Food Safety Code: Food Manufacturing, ed. 9 |
| <u>Organic Certification:</u> | |
| <u>Gluten Free Certification:</u> | < 20 ppm gluten |
| <u>Fair Trade Certified:</u> | |

Country of Origin: United States of America