



Original Seitan – SPEC SHEET

DESCRIPTION

Restaurant quality wheat protein made at Blackbird’s facility in Long Island City, NY. Made from non-GMO high gluten flour, shoyu, and water.

Regulation & Food Safety

Shelf Life: 365 days when kept frozen at 0 degrees Fahrenheit or 90 days when kept sealed at refrigeration below 41 degrees Fahrenheit. Product is prepared by rinsing high-gluten wheat flour and extracting the wheat protein. The protein is then simmered and flavored with shoyu to achieve a meat-like texture. The product is then vacuum packed.

Packaging and Shipping

Unit Size: 8 lb
Unit dimensions: 10.5 x 7 x 4”
Units/Case: 5
Case Dimensions: 16 x 12 x 10”
Case Weight: 40 lbs
Cases per pallet: 30
Ti/Hi 6/5
Pallet Weight: 1,200 lbs
Pallet dimensions: 40” x 48” x 60

Documentation:

Kosher Certification, Non GMO, SQF certification upon request.

Lot Code:

Julian Calendar format

Item Number, Product Name, UPC

BBF2	Original Bulk Seitan	653341543240
------	----------------------	--------------

Ingredient Statement:

Original Seitan:

Unbleached high-gluten flour, water, organic shoyu (soybeans, whole wheat, salt) lemon juice.
Allergens: Wheat, Soy.

Nutrition Facts			
Serving Size: About 2.5 oz (76g)			
Servings Per Container: 3			
Amount Per Serving			
Calories 90		Calories from Fat 10	
		% Daily Value*	
Total Fat 1g			2%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 340mg			14%
Total Carbohydrate 4g			1%
Dietary Fiber <1g			4%
Sugars 2g			
Protein 17g			
Vitamin A 0%		•	Vitamin C 0%
Calcium 0%		•	Iron 45%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g