

# Nutrition Facts

3 servings per container

**Serving size** 2/3 cup (132g)

Amount per serving

**Calories** 220

% Daily Value\*

**Total Fat** 10g 13%

Saturated Fat 9g 45%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 5mg 0%

**Total Carbohydrate** 33g 12%

Dietary Fiber 1g 4%

Total Sugars 25g

Includes 22g Added Sugars 44%

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 11mg 0%

Iron 0mg 0%

Potassium 129mg 2%

Manganese 0.4mg 15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Filtered Water, Organic Coconut Cream, Organic Coconut Puree (Organic Coconut Meat, Organic Coconut Water), Organic Cane Sugar, Organic Tapioca Syrup, Organic MCT Oil, Organic Locust Bean Gum, Organic Guar Gum, Pectin.

**Allergens:** Contains Tree Nuts (Coconut)