

Nutrition Facts

Serving size (100g)

Amount Per Serving

Calories **520**

% Daily Value*

Total Fat 34g **44%**

Saturated Fat 20.7g **104%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 50mg **2%**

Total Carbohydrate 52g **19%**

Dietary Fiber 16g **57%**

Total Sugars 34g

Includes 0g Added Sugars **0%**

Protein 9g **18%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.