

# Nutrition Facts

167 servings per container

**Serving size**      **1/3 cup (30g)**

**Amount per serving**

**Calories**                      **110**

**% Daily Value\***

**Total Fat** 0g                      **0%**

Saturated Fat 0g                      **0%**

*Trans* Fat 0g

**Cholesterol** 0mg                      **0%**

**Sodium** 5mg                      **0%**

**Total Carbohydrate** 26g                      **10%**

Dietary Fiber 2g                      **7%**

Total Sugars 1g

Includes 0g Added Sugars                      **0%**

**Protein** 0g

Vitamin D 0mcg                      0%

Calcium 4mg                      0%

Iron 0mg                      0%

Potassium 0mg                      0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Gluten free wheat starch, dextrose, maize starch, buckwheat flour, rice starch, psyllium seed fiber

*Thickener: Guar, flavoring*