

Nutrition Facts

16 servings per container

Serving size 1 oz. (28g)

Amount Per Serving

Calories 70

% Daily Value*

Total Fat 5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 85mg 4%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 5g 10%

Vitamin D 0mcg 0%

Calcium 195mg 15%

Iron 0mg 0%

Potassium 0mg 0%

Vitamin A 4%

Vitamin C 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasteurized milk, vinegar, enzymes, salt.