



Nutrition Facts

72 servings per container
Serving size 99.00 gm (1 omelet) (99g)

Amount per serving
Calories 190
% Daily Value*

Total Fat 14g	18%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 260mg	87%
Sodium 540mg	23%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%

Protein 12g	
Vitamin D 1.4mcg 6%	Calcium 150mg 10%
Iron 1.2mg 6%	Potassium 160mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional/Diet Claims: Gluten Free, Vegetarian

Ingredients

Egg Patty: Whole Eggs, Whey, Dried Cream Cheese (Cream Cheese (Pasteurized Milk And Cream, Cheese Culture, Salt, Carob Bean Gum), N Onfat Dry Milk, Disodium Phosphate, Natural Flavor), Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Guar Gum, White Pepper, Natural Butter Flavor. Filling: Pasteurized Process Cheddar Cheese (Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Sodium Hexametaphosphate, Salt, Apocarotenal (Color)).

Case Specifications

GTIN	10014616762501	Case Gross Weight	17.47 LB
UPC		Case Net Weight	15.75 LB
Pack Size	1 / 15.75LB	Case L,W,H	16 IN, 10 IN, 8.31 IN
		Cube	0.77 CF
Tie x High	10 x 8		

Preparation and Cooking

Bake: Preheat Temp 350°F; Time from Frozen 45 - 50 min; Time from Thawed 22 - 27 min; Preheat oven. Place a single layer of product in a full-size steamer pan sprayed with non-stick cooking spray; cover pan tightly with foil. Bake until thoroughly heated.

Convection: Preheat Temp 250°F; Time from Frozen 24 - 27 min; Time from Thawed 15 - 20 min; Preheat oven. Place a single layer of product in full-size steamer pan sprayed with non-stick cooking spray; do not cover. Bake until thoroughly heated.

Griddle Fry: Preheat Temp 300°F; Time from Frozen 14 - 17 min; Time from Thawed 8 - 11 min; Preheat griddle. Place product on griddle. Turn over half way through cooking time.

Microwave: Time from Frozen 75 - 85 sec; Time from Thawed 45 - 55 sec; Place product in ungreased microwaveable dish. Cover with plastic wrap and vent. Heat at full power (1200 watt microwave).

Steam: Time from Frozen 12 min; Time from Thawed 7 min; Place single layer of product in an ungreased full-size steamer pan; do not cover.

Steam: Place full load of heated product in a steam table pan. Set temperature at medium. Hold up to 1 hour maximum.; Due to variance in equipment, heating time and temperature may require adjustment. Product should be heated to 165°F (74°C) internal temperature.

Serving Suggestions

-American Humane Certified Cage Free -Cage Free Egg Omelet with Cheddar Cheese is an omelet containing cheddar cheese as a filling and hand folded in the middle. -The texture is delicate with a smooth taste characteristic of an omelet.

Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored at a temperature of 0°F (-17.7°C) or below with the actual temperature not to exceed 10°F.

Allergens

CONTAINS:
Eggs or Egg Derivatives, Milk or Milk Derivatives, Sulphites or Sulphite Derivatives

Bioengineering Disclosure

Contains Bioengineering or Bioengineering Derivatives