Nutrition Facts Servings 2, Serv. size: 1 bar (22g), Amount per

serving: Calories 110,
Total Fat 6g (8% DV), Sat. Fat 2g (10% DV), Trans Fat 0g,
Cholest. 0mg (0% DV),
Sodium 50mg (2% DV), Total
Carb. 14g (5% DV), Fiber <1g
(2% DV), Total Sugars 10g (Incl. 9g Added Sugars, 21% DV),
Protein 2g, Vit. D (0% DV),
Calcium (0% DV), Iron 0.6mg
(4% DV), Potas. 77mg (2% DV).
% DV = % Daily Value.

INGREDIENTS: HAZELNUT SPREAD WITH COCOA (SUGAR, PALM OIL, HAZELNUTS, SKIM MILK, COCOA, LECITHIN AS EMULSIFIER, VANILLIN: AN ARTIFICIAL FLAVOR), WHEAT FLOUR, BAKER'S YEAST, BARLEY MALT EXTRACT, SALT, SKIM MILK, LECITHIN AS EMULSIFIER, WHEAT PROTEINS, WHEY PROTEINS.

CONTAINS WHEAT, TREE NUTS (HAZELNUTS), MILK, SOY.