



Nature Valley™ Crunchy Granola Bars Oats 'N Honey (144 ct) 0.74 oz



NUTRITION

Nutrition Facts

Serving Size: 1 Bar (21g)

Amount Per Serving

As Packaged

Calories 100

% Daily Value %

Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 6g	

Includes 6g Added Sugars
11%

Protein 2g

Iron 0.5mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

* - Not a significant nutrient source

NUTRITION

Nutrition Facts

Serving Size: 100g

Amount Per Serving

As Packaged

Calories 455

% Daily Value %

Total Fat 17g	
Saturated Fat 2g	

PACKAGING

Base Product Code: 11582000	Unit Weight: 0.74 OZ
GTIN: 10016000115825	Gross Case Weight: 9.20 LB
Units Per Case: 144	Net Case Weight: 6.66 LB
Pallet Info: Layer: 25, High: 4, Pal Qty: 100	Case Dimensions (in): 11.18 (L) X 6.68 (W) X 12.12 (H)
	Kosher: OU: KOSHER PAREVE

INGREDIENTS

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor. Allergens: CONTAINS SOY; MAY CONTAIN PEANUT, ALMOND AND PECAN INGREDIENTS.

GENERAL DESCRIPTION

Individually wrapped, whole grain crunchy granola bars made from a blend of rolled oats and corn-soy crisps, flavored with a touch of honey, and providing 8g of whole grain per serving. Made without gelatin. Made with no artificial flavors, no artificial colors, and no artificial sweeteners. For USDA Child Nutrition Programs: meets .5 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 144 - .74 bars per case.

PREP & SERVING

READY_TO_EAT : Ready to eat Serve as is

BENEFITS

Whole grain crunchy granola bars made from a blend of rolled oats and corn-soy crisps, flavored with a touch of honey, and providing 8g of whole grain per serving. Individually wrapped, Available in bulk, 144 - .74 bars per case. A crunchy, oats and honey-flavored granola bar made with real honey and 100% natural whole grain oats. For USDA Child Nutrition Programs: meets .5 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

STORAGE DETAILS

Keep in a cool, dry place

Trans Fat 0g
Cholesterol 0mg
Sodium 343mg
Total Carbohydrate 70g
Dietary Fiber 6g
Total Sugars 28g

Includes 27g Added Sugars

Protein 8g

Iron 2mg

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PRODUCT BREAKDOWN

NV CRNCHY GRAN BARS OATS	'1600011	
N HNY 0.74OZ	5828	144

UPC BARCODE



10016000115825