

Representation of label(s). The actual nutritional label(s) on the package may vary slightly

Nutrition Facts (Freeze)	
Serving Size	152 g
Servings Per Container	72
Amount Per Serving	
Calories	230
	Calories from fat
	% Daily Value*
Saturated Fat	1.00 g 5%
Trans Fat	0.00 g
Cholesterol	10 mg 3%
Sodium	600 mg 26%
Total Carbohydrate	41 g 15%
Dietary Fiber	2 g 7%
Sugar	1.00 g
Protein	7 g
Vitamin A	2%
Vitamin C	10%
Calcium	2%
Iron	10%

(-) Information is currently not available for this nutrient.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:**

** Percent Daily Values listed below are intended for adults and children over 4 years of age. Foods represented or purported to be for use by infants, children less than 4 years of age, pregnant women, or lactating women shall use the RDI's that are specified for the intended group provided by the FDA.

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Potassium	3500mg	3500mg
Total Carbohydrates	300mg	375mg
Dietary Fiber	25mg	30mg

Calories per gram:

Fat 9	Carbohydrate 4	Protein 4
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Child Nutrition Label:

No

Ingredients:

INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID), SOYBEAN OIL, DEHYDRATED CHEDDAR CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], DISODIUM PHOSPHATE), SALT, ONION, NATURAL FLAVOR, EGGS, YEAST EXTRACT, WHEY, SPICE, ANNATTO AND TURMERIC (COLOR).

Allergens and Diet (Case GTIN: 10041164003701)

Allergen Values (FDA)

Contains: Eggs, Milk, Soy, Wheat

Free From:

Peanuts, Tree Nuts, Fish, Crustacean, Sesame Seeds

Suitable For Diet

Kosher Yes