

Nutrition Facts

6 servings
per container
Serving size
1 crust (20g)

Calories
per serving **100**

Amount/serving	% Daily Value*
Total Fat 4.5g	6%
Sat. Fat 3g	15%
<i>Trans</i> Fat 0g	
Polyunsat. Fat 0g	
Monounsatt. Fat 1.5g	
Cholesterol 0mg	0%

Amount/serving	% Daily Value*
Sodium 110mg	5%
Total Carb. 13g	5%
Dietary Fiber 0g	0%
Total Sugars 5g	
Incl. 5g Added Sugars	10%
Protein 1g	

Vitamin D 0mcg 0% • Calcium 5mg 0% • Iron 0.4mg 2% • Potassium 10mg 0%

*The % Daily Value(DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), PALM AND PALM KERNEL OIL WITH TBHQ FOR FRESHNESS, SUGAR, GRAHAM FLOUR, CORN SYRUP, MOLASSES, CONTAINS 2% OR LESS OF SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), MALT EXTRACT, SOY LECITHIN.