Nutrition Facts (Prepared)	
Serving Size	2.68 oz
Amount Per Serving	
Calories	220
	% Daily Value*
Total Fat 13 g	20%
Saturated Fat 3.5 g	18%
Trans Fat 0.0 g	
Cholesterol 25 mg	8%
Sodium 510 mg	21%
Total Carbohydrate 19 g	6%
Dietary Fiber 0.0 g	0.0%
Sugar 7 g	
Protein 7 g	
Calcium	10%
Iron	10%
Vitamin A	0.0%
Vitamin C	0.0%

calories a day is used for general nutrition advice.

INGREDIENTS:

Batter ingredients: water, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, yellow corn flour, enriched degermed yellow corn meal (yellow corn meal, niacin, iron, thiamine mononitrate, riboflavin, folic acid), contains less than 2% of soy flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, salt, dextrose, egg yolk, potato flour, dried honey, egg white, artificial flavor.

Breading ingredients: enriched wheat flour and enriched degermed yellow corn meal (both enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar modified corn starch, contains less than 2% of leavening (sodium acid pyrophosphate, sodium bicarbonate), soy flour, nonfat milk, salt, egg yolk, sodium caseinate. Fried in vegetable oil. Chicken frank ingredients: mechanically separated chicken, water, salt, contains less than 2% of corn syrup solids, potassium lactate, potassium acetate, spices, sodium phosphate, sodium diacetate, flavorings, sodium erythorbate, sodium nitrite.

Contains: Wheat, milk, soy, and eggs.