without further processing. This notification applies to all products and will remain in effect unless notified in writing by Metro Commodities, Inc.

Physical Characteristics

Moisture	18.0% Maximum
Total Damaged	2.0% Maximum
Foreign Material (naturally occurring)	0.5% Maximum (including 0.2% stones)
Contrasting Classes	0.5% Maximum

Nutrition Facts About 9 servings per 1 lb. container About 16 servings per 1.7 lb. container About 38 servings per 4 lb. container About 189 servings per 20 lb. container About 236 servings per 25 lb. container About 472 servings per 50 lb. container 1/4c dry (48g) **Serving Size** Amount per serving 160 **Calories** % Daily Value* Total Fat 0.5g 1% 0% Saturated Fat 0g Trans Fat 0g Cholesterol 0mg 0% Sodium 5mg 0% **Total Carbohydrate** 29g 11% Dietary Fiber 7g 25% Total Sugars 1g Includes 0g Added Sugars 0% Protein 10g Vitamin D 0mcg 0% Calcium 45mg 4% Iron 3.1mg 15% 15% Potassium 650mg * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily

diet. 2,000 calories a day is used for general

nutrition advice.

Effective Date: 08/23/2024 Supersedes: 06/10/2024

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