

Nutrition Facts

About 2 servings per container

Serving size 4 strips (76g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 710mg 31%

Total Carbohydrate 11g 4%

Dietary Fiber 4g 15%

Total Sugars 2g

Includes 2g Added Sugars 4%

Protein 12g 25%

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 1.6mg 8%

Potassium 260mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, CULTURED ORGANIC SOYBEANS (ORGANIC SOYBEANS, LACTIC ACID FROM PLANT SOURCES), ORGANIC TAMARI SOY SAUCE (WATER, ORGANIC SOYBEANS, SALT, ORGANIC ALCOHOL), ORGANIC APPLE CIDER VINEGAR, ORGANIC CANE SUGAR, SEA SALT, ORGANIC BROWN RICE, LESS THAN 2% OF ORGANIC BEET POWDER (COLOR), ORGANIC ONION POWDER, NATURAL SMOKE FLAVOR, ORGANIC SPICES, XANTHAN GUM. **CONTAINS: SOY.**

DISTRIBUTED BY:

LIGHTLIFE,
ONE LIGHTLIFE WAY,
TURNERS FALLS,
MA 01376.
TOLL-FREE M-F 9-5 EST.
1-800-769-3279.

**CERTIFIED
ORGANIC BY QAI**

TO COOK: PAN FRY
IN A MODERATE
AMOUNT OF HOT OIL
UNTIL CRISPY
AROUND EDGES.