

NUTRITIONALS PER SERVING SIZE

Recommend Serving Size: 3 oz (85g)

Servings Per Container: Approx. 213

**Kronos Gyro Cone servings are approximate; yields are established during regularly performed quality control cuttings and averaged. While every effort has been made to ensure its accuracy; seasonal variation in cattle herd, feed, climate, region and time to slaughter may alter these results. Actual servings yields can vary.*

Nutrition Facts

Serving Size 3 oz (85g)

Servings Per Container 213

Amount Per Serving

Calories 320 **Calories from Fat** 240

% Daily Value*

Total Fat 27g **42%**

Saturated Fat 11g **55%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 670mg **28%**

Total Carbohydrate 7g **2%**

Dietary Fiber 0g **0%**

Sugars 1g

Protein 13g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Nutrient Content Claims Per Serving Size:

Good Source of Iron