

# Nutrition Facts

**Serving size** 1 Pouch (6g)

**Amount Per Serving**

**Calories** 25

% Daily Value\*

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 45mg 2%

**Total Carbohydrate** 5g 2%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 1g 2%

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), SOYBEAN OIL (WITH TBHQ FOR FRESHNESS), CORN SYRUP.

CONTAINS: 2% OR LESS OF SALT, BAKING SODA, YEAST, SOY LECITHIN.