Nutrition F	acts
19 servings per container	
	Cup (40g)
Amount Per Serving	
Calories	150
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 3g	6%
Vitamin D 3mcg	15%
Calcium 0mg	0%
Iron 10.8mg	60%
Potassium 0mg	0%
Thiamin	30%
Riboflavin	30%
Niacin	30%
Vitamin B6	30%
Folate 200mcg DFE	50%
(115mcg folic acid) Vitamin B12	30%
Vitamin B12	30%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Rice, sugar, malt flavor, contains 2% or less of salt.